TO: All Active Participants

Hawaii Teamsters Health and Welfare Trust ("the Plan")

**FROM:** Board of Trustees

SUBJECT: SPECIAL DENTAL BENEFITS OPEN ENROLLMENT PERIOD

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With the closure of HMO Dental Provider, Dental Care Centers of Hawaii (DCCH) effective July 1, 2021, the Board of Trustees of the Hawaii Teamsters Health & Welfare Trust have explored dental alternatives for consideration. They are pleased to report that the Plan will be offering a new dental HMO Plan with HMSA effective January 1, 2022.

The Plan will hold a Special Open Enrollment period **for dental benefits only** during the month of November (changes effective on January 1, 2022). During this time, you and your eligible dependents will be able to elect one of the following plans:

#### Hawaii Dental Service ("HDS")

The HDS Plan offers you freedom to choose your own dentist. You may select from a network of over 96% of the dentists statewide. Payments are based on a percentage of eligible fees. Visiting an HDS Member Dentist will lower your out-of-pocket costs. National coverage is also available through Delta Dental Plans Association, the largest dental benefits provider in the nation.

#### <u>Hawaii Medical Services Association ("HMSA DHMO")</u>

The HMSA Plan is a "dental HMO" plan. Your copayment is usually a fixed dollar amount. The Plan will not pay for services from a non-HMSA dentist, except when referred or if emergency care is required.

Enclosed are Summary Plan Benefits for your use. Additionally, the two (2) providers, HDS and HMSA, will be mailing you more information about their benefits for you to make an informed decision.

For those of you interested in switching over to the HMO HMSA Dental Plan, please visit the Trust Funds website (<a href="www.teamsterstrustbenefits.com">www.teamsterstrustbenefits.com</a>) to complete the online enrollment by November 30th, or contact our office at \_842-0392, for neighbor islands, call toll free at (866) 772-8989 to request for an enrollment form. If you choose to continue coverage with Hawaii Dental Service, no action is required.



## Summary of Dental Benefits Hawaii Teamsters HWT - Group No. 869

Effective: 09/01/2021

This summary is a brief description of a Hawaii Dental Service (HDS) member's dental benefits. Some limitations, restrictions, and exclusions may apply. Plan benefits are governed by the provisions detailed in the group's and/or subscriber's agreement with HDS, HDS's Procedure Code Guidelines and Delta Dental National Policies when applicable. Certain provisions may vary across group agreements such as waiting periods, frequency and age limitations, etc. and may not be included in this summary. For additional information, please contact HDS Customer Service. As an HDS member, you may visit any licensed dentist, but your out-of-pocket costs may be lower when visiting an HDS participating dentist. All dental claims must be filed within 12 months of the date of service to be eligible for HDS claims payment.

Plan Maximum	\$2000
	HDS PLAN PAYS
DIAGNOSTIC	
Examinations	100%
	1x/yr
Bitewing X-rays	100%
	2x/yr through age 14
	1x/yr equal or over age 15
Other X-rays	100%
	Full mouth X-rays 1x/5 yrs
PREVENTIVE	
Cleanings	100%
	2x/yr
Fluoride	100%
	2x/yr
	Through age 17
Space Maintainers	80%
	Through age 17
Sealants	80%
One treatment per tooth per lifetime to permanent molar teeth	Through age 18
when there are no prior fillings on biting surfaces.	
MEDICAL RISK FACTORS	
Gum Maintenance will be covered at the Gum/Bone Surgeries and	Maintenance benefit level. If the member has multiple
Gum Maintenance will be covered at the Gum/Bone Surgeries and	•
conditions, they will only be eligible for the benefit with the most cl	•
conditions, they will only be eligible for the benefit with the most cl condition.	•
conditions, they will only be eligible for the benefit with the most cl condition.  Diabetes	leaning(s) and/or gum maintenance treatments of a single
conditions, they will only be eligible for the benefit with the most cl condition.  Diabetes  Cleanings/Gum Maintenance	•
conditions, they will only be eligible for the benefit with the most cleanings.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)	leaning(s) and/or gum maintenance treatments of a single
conditions, they will only be eligible for the benefit with the most cl condition.  Diabetes  Cleanings/Gum Maintenance	leaning(s) and/or gum maintenance treatments of a single  Additional 2x/yr
conditions, they will only be eligible for the benefit with the most cloondition.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance  Medical Risk for Cavities	leaning(s) and/or gum maintenance treatments of a single  Additional 2x/yr
conditions, they will only be eligible for the benefit with the most cloudition.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance	Additional 1x/yr
conditions, they will only be eligible for the benefit with the most cloondition.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance  Medical Risk for Cavities  Fluoride Treatments	Additional 1x/yr
conditions, they will only be eligible for the benefit with the most cloudition.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance  Medical Risk for Cavities  Fluoride Treatments  BASIC CARE	Additional 1x/yr  Additional 1x/yr
conditions, they will only be eligible for the benefit with the most cloondition.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance  Medical Risk for Cavities  Fluoride Treatments  BASIC CARE  Fillings	Additional 2x/yr  Additional 1x/yr  Additional 1x/yr
conditions, they will only be eligible for the benefit with the most cleanings.  Diabetes  Cleanings/Gum Maintenance  Pregnancy (Expectant Mothers)  Cleanings/Gum Maintenance  Medical Risk for Cavities  Fluoride Treatments  BASIC CARE  Fillings  Once every two years per tooth per surface.	Additional 2x/yr  Additional 1x/yr  Additional 1x/yr  80%  White-colored fillings limited to front teeth.

Oral Surgeries	80%
MAJOR CARE	
Crowns	80%
	1x/5yrs per tooth
	White crowns limited to front teeth and bicuspids.
Fixed Bridges & Dentures	80%
	1x/5yrs per tooth
Implants	80%
	Implant coverage is paid as an alternate benefit in lieu of a 3-unit bridge.
OTHER SERVICES	
Adjunctive General Services	80%
Emergency Treatment of Dental Pain (Palliative Treatment)	80%
Once per visit per dental office for relief of pain but not to cure	

#### Access to HDS Information 24/7

Visit HDS Online at HawaiiDentalService.com to:

#### **ACCESS YOUR ACCOUNT**

- Visit HawaiiDentalService.com
- Click "Member Login"
- Click "Create an account"
- Complete the "Account Registration" form
- Select "Yes" to be notified via email when a claim is processed and "Yes" to "Request electronic Explanation of Benefits"
- Click "Register"

#### **SEARCH**

- For an HDS participating dentist in Hawaii, Guam or Saipan by specialty, location, handicap accessibility, weekend hours, and more
- For a Delta Dental Premier participating dentist on the Mainland or Puerto Rico by specialty, location, weekend hours and more

#### **DOWNLOAD & PRINT**

- A summary of your benefits for tax purposes
- Blank claim forms
- Your HDS membership card
- Your EOB statements
- HDS Notice of Privacy Practices

#### **CHECK**

- Whether you and/or your dependents are eligible for HDS benefits
- What dental services are covered by your plan
- What the limits are of each type of covered service and how much you have used

#### **VIEW**

- Your Explanation of Benefits (EOB) statements
- A list of frequently asked questions
- HDS contact information

#### **REQUEST**

- To receive emails when your claims are processed
- To receive EOB statements via email
- An HDS membership card to be mailed to you

#### **How to Contact HDS**

#### **Customer Service Representatives**

From Oahu: (808) 529-9248

Toll-free: 1-844-379-4325

#### **Customer Service Call Center Hours:**

Monday - Friday: 7:30 AM - 4:30 PM HST Excluding State observed holidays and the day after Thanksgiving

#### Walk-in Office Hours:

Monday - Friday: 8:00 AM - 4:30 PM HST

#### Send Written Correspondence to:

Hawaii Dental Service Attn: Customer Service

900 Fort Street Mall, Suite 1900

Honolulu, HI 96813-3705

E-mail: CS@HawaiiDentalService.com

#### FAX:

From Oahu: (808) 529-9366 Toll-free fax: 1-866-590-7988



## Welcome Aboard!

Create your account today and let's get started on working towards a healthier smile!



#### **ACCESS YOUR HDS ONLINE ACCOUNT TO:**



#### **Check Claims**

View your claims, services used, benefits and eligibility for yourself and your dependents under 18 years of age.



#### **Find A Dentist**

Find a participating dentist in your area or anywhere across Hawaii, Guam, Saipan, or the U.S. mainland and Puerto Rico.

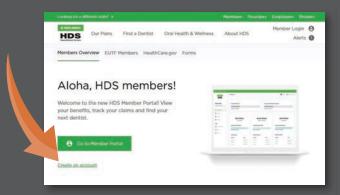


#### **Access Your ID Card**

Download and print your HDS membership ID card from your HDS Online account or request to have it mailed to you.

#### **CREATE AN ACCOUNT**

Visit HawaiiDentalService.com/members



Click "Create An Account" and follow prompts.

An email will be sent to you with a link. Click on the link to activate your new HDS Online account!

#### FIND A PARTICIPATING DENTIST

Visit HawaiiDentalService.com



Click "Find A Dentist" in the main menu.

Select the area in which you'd like to search for an HDS participating dentist and follow the prompts.

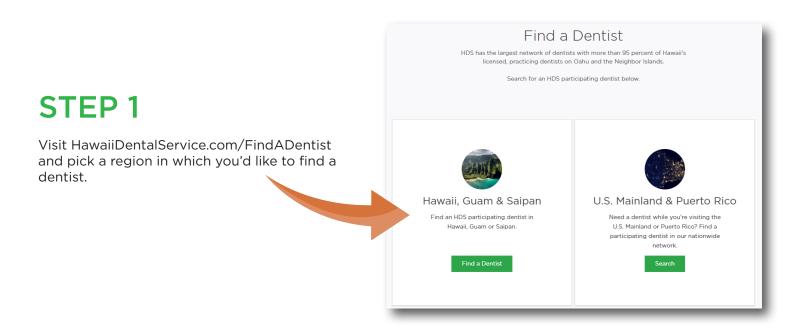
Visit our website at HawaiiDentalService.com or call HDS Customer Service at 529-9248 or toll-free at 1-844-379-4325.



BRUSH, FLOSS AND SEE AN HDS DENTIST

# Find An HDS Participating Dentist

Your HDS dental plan comes with access to the largest network of dentists in Hawaii and the U.S. mainland. Here's how to find an HDS participating dentist or specialist online at HawaiiDentalService.com/FindADentist.



#### STEP 2

Follow the prompts to search for a dentist. Instructions vary by region.

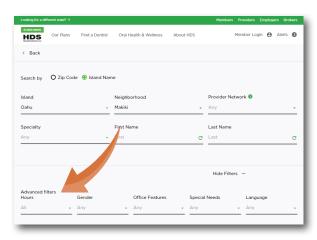
## Hawaii, Guam, and Saipan

If you select **Hawaii**, **Guam**, **Saipan**, specify your **Island** and **Neighborhood** OR enter your **ZIP code**. You may also search by **Specialty**, **First** or **Last Name**.

Click the **See Participating Dentists** button at the bottom of the screen to view results.

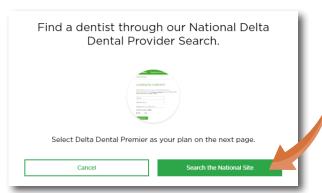


Contact an HDS participating dentist to schedule an appointment. Use **Advanced Filters** to narrow results, if needed.

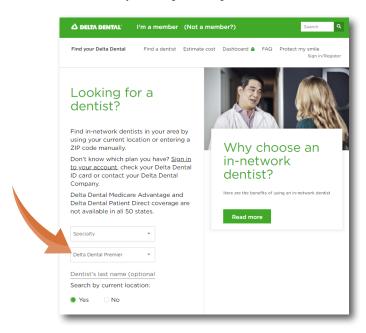


## U.S. Mainland & Puerto Rico

If you select **U.S. Mainland & Puerto Rico**, click **Search the National Site**.



Select a **Specialty** or **Any**.



Then select **Delta Dental Premier** in **Your plan** field.

Then select **Yes** in **Search by current location** OR select **No** and enter your **ZIP code**.

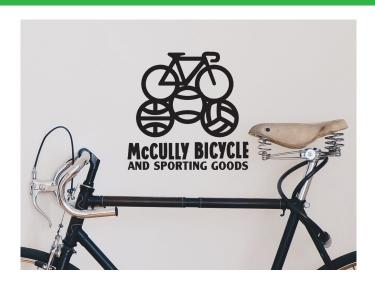
Lastly, click **Find Dentists** and contact a dentist to schedule an appointment.

Questions? Contact HDS Customer Service at (808) 529-9248 or email CS@HawaiiDentalService.com.



### Access Your **SMILE**Perks Now!

Log onto your HDS Member Dashboard at *HawaiiDentalService.com/members* and click the link to the HDS Smile Perks. If you don't have an account, simply create one and follow the prompts.



## Take fitness to another level with a bike or sports gear!

Get new fitness gear from McCully Bicycle and Sporting Goods! HDS members get a 10% discount in store off selected items. Show the cashier your HDS member ID to redeem your discount. Discount applies to regular-priced items; excludes tennis balls and fishing supplies. - 2124 King Street, Honolulu, HI



#### Lights. Camera. SMILE!

HDS members get 5% off any photo booth reservation with Party Pix Hawaii. Reserve your photo booth at **partypixhawaii.com** and enter the discount code **HDSFIVE** during check out to recieve your SMILEPerks discount.



#### Treat your pups to a day at a local oasis.

discount.

Aloha Dog provides day care, boarding and grooming services for dogs. Aloha Dog is offering new clients 50% off the evaluation interview fee. Enrolling dogs 20lbs. and under. HDS members also receive a 10% discount for weekday boarding from Monday through Thursday. Call (808) 591-1727 for more information. Show your HDS member ID card and picture ID upon receiving services to redeem your discount. - 525B Cummins St., Honolulu, HI

## Stay Active & Fit Year-round!

HDS provides its members access to local fitness centers through its partnership with the Active & Fit Direct program starting at \$25 per month. (Includes a \$25 enrollment fee and applicable taxes.) Register yourself and your family at any of the participating gyms. Visit the HDS Member Portal for more information.

## Vision Care Coverage with VSP

HDS's vision partner, VSP, provides individual vision insurance that gives you access to the services and products you need to care for your eyes. Visit the HDS Member Portal for more information on enrolling with VSP.

### Get a Z Sonic mini toothbrush at a discount!

Go places with Hawaiian Airlines

Save on your next trip to your dream destination!

HDS members get an exclusive 5% discount on

mainland and international web fares on Hawaiian

Airlines! (Excludes fares for Tahiti and American

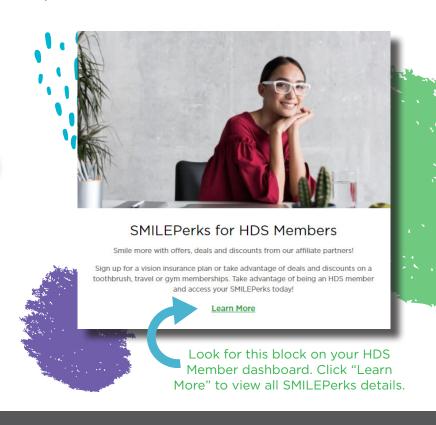
Samoa.) Visit the HDS Member Portal to access this

All HDS members get an exclusive discount on the Z Sonic Travel Size Toothbrush (\$14.95) and Mini Adult Brush Replacement Heads (\$14 for four brush heads). Free shipping with the purchase of both items. Visit the HDS Member Portal to access this discount.

## SMILE PERKS

Get more out of your HDS dental plan. Take advantage of SMILEPerks!

- 1. Visit HawaiiDentalService.com/members.
- 2. Log into the HDS Member Portal.
- 3. In the HDS SMILEPerks block on the dashboard, click the link to "Learn More."
- 4. You will be directed to a members' only SMILEPerks page with more information.





Our island culture teaches us to share, but the sharing of certain things may cause health problems. Care for your little one and limit the spread of germs with these easy oral health tips.

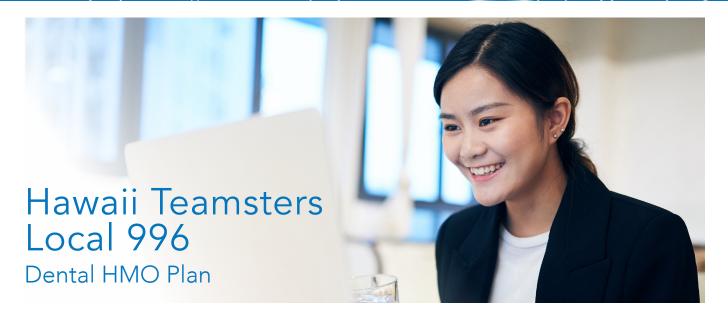
Avoid sharing eating utensils, food and drinks.

Germs can easily transfer from one body to another while sharing eating utensils, food and drinks. Give your keiki his or her own fork and plate at every meal to avoid spreading germs. Do not share toothbrushes, floss and toothpaste.

Every person should have his or her own toothbrush, floss and toothpaste. Sharing germs through dental products may come with oral health problems that affect overall health. Brush, floss and visit the dentist to stay healthy!

Tooth decay and gingivitis can cause pain and prevent your child from eating nutritious foods. Good oral hygiene and routine dentist visits keep a mouth clean and healthy.

Good oral health leads to good overall health.



#### Go the extra smile for good health

We make preventive dental care easy and affordable with our dental HMO plan. HMSA's Dental HMO plan covers:

**Preventive services:** oral exams, dental cleanings, and X-rays.

Basic restorations: fillings, periodontal treatment, and root canals.

Major restorations: crowns, bridges, and dentures.

The standard waiting period for major services is waived if you enroll in HMSA's Dental HMO plan for January 1, 2022.

The HMSA Dental HMO plan provides you with no-cost preventive care, fixed copayments, predictable out-of-pocket costs, no calendar year maximum, no deductible, and many dentists to choose from in our network.



#### Easy access to quality care

HMSA's large and growing dental HMO network gives you more options for visiting a dentist close to home or work. You can choose a dentist in our independent HMO network or a Hawaii Family Dental provider.

To find a provider, visit hmsadental.com/find-a-dentist and select HMO from the Plan Name list.



#### Oral Health for Total Health<sup>™</sup>

If you have a qualifying medical condition, the Oral Health for Total Health program gives you additional benefits at no cost that can help improve your overall health.\* These services are covered 100% when you see a participating provider. Learn more at hmsadental.com/total-health.



#### Questions?

Our Customer Service team can help! Just call (808) 948-6440 or 1 (800) 792-4672, Monday through Friday, 8 a.m. to 5 p.m. Or visit hmsadental.com.

#### Hawaii Teamsters Local 996 Dental HMO Plan

Deductible	None
Calendar year maximum	None
Waiting period for new members	12-month waiting period for major services (waived for members joining on January 1, 2022)
Preventive services	Amount you pay
Exams (two per calendar year)	\$0
X-Rays	
Cleanings (two per calendar year)	
Topical Fluoride (age 0-18, two per calendar year)	
Basic services	Amount you pay
Fillings	\$10 per tooth for amalgam; \$15 per tooth for composite restorations (only covered for anterior teeth and single, stand alone, facial surface of bicuspids only)
Sealants	\$0
Periodontal treatment	\$20 for gingivectomy or gingivoplasty for 1 to 3 contiguous teeth; \$100 for four or more contiguous teeth
Root canals	\$20 per tooth for pulpotomy; \$50 per tooth for root canal therapy
Space maintainers	\$25
Major services	Amount you pay
Crowns, bridges	\$200 high noble metal
Denture	\$300 complete denture; \$250 partial denture
Implants	Not a benefit
Orthodontics	Not a benefit



Secure, 24/7 access to your benefit information through your HMSA My Account.

\*Qualifying conditions include diabetes, coronary heart disease, stroke, oral cancer, head and neck cancers, Sjogren's syndrome, and pregnancy.

This document provides a basic overview and comparison of a few plan benefits. Benefits and costs are based on the terms and conditions of your plan, specific exclusions and limitations, coordination of benefits, privacy, third-party liability, eligibility requirements, and appeal rights, none of which are described here. For a complete description, see your *Guide to Benefits* and any riders, certificates, or amendments. To dispute a decision made by HMSA related to benefits, reimbursement, or any other decision or action by HMSA, please follow the instructions at hmsa.com/appeals.